



## The Burn Run 2019 Sunday, November 3rd, 2019

**Location:** 148 Sanders Creek Pkwy, off Kinne St., East Syracuse Fire Station #2  
**Course:** Run through Franklin Park with great community support!  
**Times:** Kid's Run 8:30 a.m. (Free!)  
5K 9:00 a.m.  
10K 10:00 a.m.

**Entry Fee:** Pre-registration online and mail date stamped by 11/1/19 – \$25.00  
If you are signing up for the 5K and 10K (15K) the fee is – \$30.00  
Registration at Packet Pick-Up or Race Day – Add \$5.00

For additional information OR to register online visit [www.theBurnRun.org](http://www.theBurnRun.org)  
Timing/Results by Leone Timing & Results

*Make Checks Payable to:* East Syracuse Fire Department with The Burn Run in memo line

*Mail Form & Fee to:* East Syracuse Fire Department, Attn: The Burn Run  
204 N. Center Street, East Syracuse, NY 13057  
(Checks made payable to other entities will be returned and delay your registration)

\_\_\_\_\_  
Last Name                                      First Name                                      Sex                                      Age                                      Phone

\_\_\_\_\_  
Street Address                                      City                                      State & Zip Code

Email: \_\_\_\_\_                                      Shirt Size: (circle) S M L XL XXL

Firefighter: **Y** **N** \_\_\_\_\_  
Name of Affiliated Fire Station

Additional Donation Amount (optional): \$ \_\_\_\_\_

**Event (circle one): 5K 10K combined 5K and 10K**

Release: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any race decisions of a race official relative to my abilities to safely complete this race. I assume all hazards associated with running this event, including fall, contact with other runners, the effects of weather, high heat, humidity, traffic, and other road conditions, all such risks being known and appreciated by me. I give the Burn Run permission to use photographs of me for purposes such as advertising, illustration, publicity. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, and release the East Syracuse Fire Department, Village of East Syracuse, the Burn Foundation of Central New York, Town of Dewitt, and any sponsors, organizers, and successors from all claims or liabilities of any kind arising out of my participation in the event.

Signature: \_\_\_\_\_                                      Date: \_\_\_\_\_

Signature: \_\_\_\_\_                                      Date: \_\_\_\_\_  
(parent or guardian's signature required if 17 years or younger)